

Cato's Monostichs

Incipiunt dicta Marci Catonis ad filium suum.
Cum anima adverterem quam plurimos
graviter in via morum errare, succurrendum
opinionum eorum et consulendum famae
existimavi, maxime ut gloriose viverent et
honorem contingerent. Nunc te, fili carissime,
docebo, quo pacto morem animi tui
componas. Igitur praecepta mea ita legito, ut
intellegas; legere enim et non intelligere
neglegere est.

1. **Itaque deo supplica.**
2. **Parentes ama.**
3. **Cognatos cole.**
4. **Magistrum metue.**
5. **Datum serva.**
6. **Foro parce.**
7. **Cum bonis ambula.**
8. **Antequam voceris, ne accesseris.**
9. **Mundus esto.**
10. **Saluta libenter.**
11. **Maiori concede; minori parce.**
12. **Rem tuam custodi.**
13. **Verecundiam serva.**
14. **Diligentiam adhibe.**
15. **Libros lege; quae legeris, memento.**
16. **Familiam cura.**
17. **Blandus esto.**
18. **Irascere ob rem gravem.**
19. **Neminem riseris.**
20. **Mutuam da.**
21. **Cui des, videto.**
22. **In iudicio adesto.**
23. **Ad praetorium stato.**
24. **Convivare raro.**
25. **Quod satis est, dormi.**
26. **Iusiurandum serva.**
27. **Vino tempera.**
28. **Pugna pro patria.**
29. **Nihil temere credideris.**
30. **Tute consule.**
31. **Meretricem fuge.**
32. **Litteras disce.**
33. **Nihil mentire.**
34. **Bono benefacito.**
35. **Maledicus ne esto.**
36. **Existimationem retine.**
37. **Aequum iudica.**
38. **Parentem patienter vince.**
39. **Beneficii accepti esto memor.**
40. **Miserum noli ridere.**
41. **Consultus esto.**
42. **Virtute utere.**
43. **Iracundiam rege.**
44. **Trocho lude; aleam fuge.**
45. **Nihil arbitrii virium feceris.**
46. **Minorem non contempseris.**
47. **Alienum noli concupisci.**
48. **Coniugem ama; liberos erudi.**
49. **Patere legem, quam ipse tuleris.**
50. **Pauca in convivio loquere.**
51. **Illud stude agere, quod iustum est.**
52. **Libenter amorem ferti.**
53. **Minime iudica.**

Here begin Marcus Cato's sayings to his son.

Since I noticed that almost everyone makes serious mistakes when it comes to matters of character, I felt obliged to offer some correction for these ways of thinking and to show some concern for their reputations, above all so that they might live impressive lives and attain respectability. Now, dearest son, I will teach you how to form your character well. So read my instructions in such a way as to understand them; for to read and to miss the point amounts to "mis-reading" [neglecting].

1. And so make a humble prayer to God.
2. Have affection for your parents.
3. Treat your relatives well.
4. Revere your teacher.
5. Hold on to what has been given to you.
6. Do not spend much time out in public.
7. Associate with those who are respectable.
8. Do not go before you are called.
9. Be neat.
10. Greet people gladly.
11. Give in to those who are older than you are; go easy on those who are younger.
12. Watch over what belongs to you.
13. Keep your sense of shame.
14. Apply yourself.
15. Read books; keep in mind what you have read.
16. Take care of your own.
17. Be pleasant.
18. Get angry [only] for a good reason.
19. Do not ridicule anyone.
20. [Be willing to] lend.
21. Pay attention to the one to whom you are giving.
22. [Be ready to] give support [to someone] in court.
23. Support your leadership.
24. Party seldom.
25. Get an adequate amount of sleep.
26. Keep your solemn word.
27. Drink moderately.
28. Fight for your country.
29. Do not be too quick to believe.
30. Give safe advice.
31. Keep away from prostitutes.
32. Get an education.
33. Don't lie at all.
34. Do good to the good.
35. Do not use abusive speech.
36. Stick to your own assessment.
37. Decide what is fair.
38. Win over your parents with patience.
39. Do not forget a favor that you have received.
40. Do not ridicule a person suffering a misfortune.
41. Be very good at what you do.
42. Put your strengths to good use.
43. Control your rage.
44. Play with the hoop; avoid gambling.
45. Do not give any weight to a judgment of how strong someone is.
46. Do not scorn a younger person.
47. Do not itch for what belongs to someone else.
48. Have affection for your spouse. Train your children.
49. Follow the rules that you yourself have made.
50. Say little at a party.
51. Be eager to do what is right.
52. Be glad to have feelings of affection.
53. Hardly ever pass judgment.